The newest addition to the Second Helpings Hunger Relief kitchen isn’t actually located in the kitchen at all. The 200-square-foot cooler inside the garage at Second Helpings increases our capacity to rescue more food and create more meals.

The cooler was installed in February and it is a gift from Christ Church Cathedral. In fact, Reverend Steve Carlsen of Christ Church Cathedral made a special trip to Second Helpings to bless the cooler and all the people who will benefit from the food it will hold.

The additional refrigerated space not only provides more capacity to safely hold perishable foods, but also makes it possible to prepare and deliver even more meals to children, adults, seniors and families at social service agencies in Central Indiana, including organizations like The Julian Center, Dayspring and Boys and Girls Clubs.

On any given day, this cooler will hold everything from hundreds of cups of yogurt set for delivery along with meals to children in afterschool programs to large deliveries of meats and vegetables that might otherwise be too big to be kept in the large coolers near the Hunger Relief kitchen. The new refrigerated space will play an essential part in rescuing more ingredients to create more nutritious meals. Right now, Second Helpings is creating and delivering more than 3500 meals each day to more than 70 social service agencies. Those numbers will grow this year. More social services agencies say they are serving more people and other agencies have asked for meals to feed their clients.

“We rescued two million pounds of food last year, and we are on track to rescue at least that much this year,” said Nora Spitznogle, director of programs at Second Helpings. “More cooler space is an essential part of making sure we have the room to hold nutritious food safely.”

Second Helpings is proud of the continued community support offered by groups like Christ Church Cathedral, reflecting our collective responsibility as a compassionate community to support those in need.

CORKS & FORKS: A BENEFIT FOR SECOND HELPINGS

On Saturday, April 12 at Bankers Life Fieldhouse, nearly a thousand guests, chefs and supporters gathered for Corks & Forks. The benefit included fine wine, craft beers and food from some of the city’s best chefs.

Each ticket sold, each auction item purchased and every donation received that evening directly benefited Second Helpings. The event raised $240,000 for food rescue, hunger relief and culinary job training.

Without the generous support of our sponsors, this event would not be possible.

Platinum Sponsors
The Glick Family Foundation
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Each month, Second Helpings volunteers contribute thousands of hours to keep the food rescue, hunger relief and job training programs operating smoothly.

Each hour is a gift because the work could not happen without them. Each month, we recognize one volunteer for their work. We must thank those who do the work needed to create more than 3,500 meals each day and train about 70 adults each year for successful careers in the culinary field.

The volunteers listed below are recognized for their work which affects the lives of so many.
Where do graduates go?

THE ALEXANDER

Visitors to The Alexander hotel in Indianapolis are always greeted with smiles from the staff. One of those smiles belongs to Second Helpings Culinary Job Training graduate LaToya Clark. She graduated with class #68 in August of 2012.

Today, LaToya works at Market Table, one of the restaurants inside The Alexander. Part of her work includes making omelets to order each morning for guests or preparing her special barley lentil soup for lunch.

“The soup I make here is a recipe I learned at Second Helpings,” explains LaToya. “People tell me they love it, too.”

LaToya came to Second Helpings as a volunteer in the Hunger Relief kitchen, learned about the Culinary Job Training program and applied.

During her 10 weeks of training at Second Helpings, she learned a lot of other skills. In her graduation speech, LaToya explained that her training helped her regain her self-esteem and confidence just by getting up, showing up, doing what is asked, and sticking it out.

When LaToya thinks back on her training at Second Helpings, she often thinks about the advice she got from Chef Sam Brown while she was a student.

“He always said to take one day at a time, and expect nothing from yourself but the best,” said LaToya.

Whenever asked what she likes most about her job at Market Table, LaToya’s smile shines and she says, “I get to come to work every day and cook for people. I love that.”
April 2014

Second Helpings’

**IMPACT**

127,786 pounds of food **REDISTRIBUTED**

79,233 prepared & delivered

140,902 pounds of food **RESCUED**

4,455 volunteer hours served

Since 1998

**Culinary Job Training**

566 **GRADUATES**

20,819,054 pounds of food **RESCUED**

356,242 volunteer hours served

110,528,270 pounds of food **REDISTRIBUTED**

7,889,692 MEALS prepared & delivered

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Buy whatever you want or need and give back to Second Helpings at the same time with Amazon Smile.

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