

Second Helpings Rises to Meet the Challenge

This spring, Second Helpings rescued its 15,000,000th pound of food. On July 1st, Class #63 included our 450th Culinary Job Training graduate. By the end of 2011, we will serve our 6,000,000th meal. The last 13 years have shown us that Second Helpings can make a powerful impact fighting hunger and poverty in our community. **Now we're ready to do more.**

Today, knowing that more people face hunger and need good jobs, we are thankful that those accomplishments have prepared us for this challenge. **We are also thankful for people willing to invest in our mission.**

Our mission is more important today than ever before.

- 28.4% of children in Marion County live in poverty.
- Last quarter alone, 10 new agencies approached us for meal services.
- Indiana ranks 12th in the nation for the percentage of seniors who don't know where their next meal will come from.

We have begun to meet these needs, but we have big plans for building on our accomplishments and extending our impact. Working in two core areas, our kitchen expansion and our focus on reinvigorating programs, Second Helpings is rising to the challenge.

Kitchen Expansion Will Double Capacity

- Updated kitchen equipment, a new layout and energy-efficient practices will increase the number of meals we can prepare and deliver, improve workflow and decrease operational expenses.
- By expanding our refrigeration system, Second Helpings will also be able to use even fresher, nutritious ingredients and provide diverse menu options.
- **Overall, this expansion will allow us to double our daily output from 3000 meals to 6000 meals.**

Reinvigorating Programs Improves Outcomes

- We are providing more meals to after-school programs and food pantries.
- In the Culinary Job Training program, students learn not only tried-and-true kitchen skills, but also cutting-edge food trends, to prepare them for dynamic careers in a booming industry.
- Our meals are both nourishing and delicious as we increase our partnerships with farmers' markets, Green Bean Delivery and Piazza Produce.

All of these efforts require tremendous investments of time, energy, planning and commitment. **Your financial donation advances our mission — transforming lives through the power of food.**



MISSION STATEMENT

Reflecting on our accomplishments and our plans for the future, our Board of Directors approved a new way to identify our mission. When we describe the impact that our volunteers, donors and staff make each day, we are now proud to say that Second Helpings is **transforming lives through the power of food.**

Congratulations!

Class 62:



Back Row (L to R): Patrick Nickeo, Kara Coleman, Christopher Blackburn-Rose, John Clanton, Dwayne LeFlore, Samuel Young, Chef Sam Brown. **Front Row (L to R):** Lorraine Stout, Deborah Fox, Frank Brown, Stefanie Lee, Michael Owens.

Class 63:



Back Row (L to R): Quinetta Jones, Marcia Jordan, Anna Powell, Robert Lehman, Mark Burrus, Daniel Ivey, Byron Agnew, Kristain Bates. **Front Row (L to R):** Mercy Sampson, Mary Granger, Lou Vata Collins, Patrick Martin, Qwon Stewart, Odessa Moloto, Dianne Gill.

VOLUNTEERS OF THE MONTH

We owe a tremendous amount of gratitude to our over 500 regular volunteers, who in the last year gave a combined 30,628 hours of service to help us end hunger, reduce waste and empower people. We truly could not do it without you!

A special thanks to our Volunteers of the Month:

April: Ann Brackett has been volunteering since 2001, and just passed the 1000-hour mark! She helps in the kitchen on Fridays, and has served as a driver companion, as well. Ann leads tours, attends volunteer and community fairs, and helps out wherever we need her!

May: David Hobson has been volunteering for nearly a year, and has served 100 hours. He's a regular on Thursday evenings, a shift that really appreciates the extra help! David donated door prizes for the last volunteer dinner, and has shared the Second Helpings story with friends and family, who are all happy to support our mission!

June: Jo Ellen Buffie began volunteering in February of 2010, and has just over 120 hours. Jo Ellen was recommended for Volunteer of the Month by one of her fellow Wednesday morning kitchen volunteers. He was impressed by her energy and great attitude, and what a

Leadership United Feeding it Forward

This last spring, Second Helpings served as the focus of a service project for Class #23 of the United Way's Leadership Training and Development for Diversity Series. The 9-month program is designed to help develop local emerging leaders for roles in not-for-profit governance.

As part of their development for future leadership, the class was to pick a local organization and design a service project to practice teamwork and fundraising skills. While past groups raised money and others did volunteer service, Class #23 wanted to do more than their predecessors; they wanted to find a way to benefit a local organization with time, talent and treasure. So they started brainstorming and visiting local organizations. While taking a tour and having lunch at Second Helpings, they learned that 1 in 6 people in Indianapolis are hungry and that stunned them to take action.

"Our visit to Second Helpings convinced us that we had found our service project, and we were determined to 'Feed it forward,'" project leader Erica Flores said. "It just clicked with everyone and we decided on the spot. Second Helpings was a perfect match for our project."

Over the next two months, they started their fundraising efforts to buy a new delivery van for our Hunger Relief program. The class hosted a Community Awareness Reception at Second Helpings, inviting colleagues, friends and families to share in the mission of Second Helpings. By the end of the evening, several thousand dollars had been donated towards the purchase of a new van. In addition, one classmate approached her employer, Comcast, who also donated a van!

"This group did exactly what seasoned board members would do when faced with a challenge — they called upon their networks and people responded," Jennifer Vigran, CEO of Second Helpings said. "Through their contacts, lots of people were introduced to our mission for the first time, we received checks from across the country to support their project, plus a significant in-kind donation from Comcast. We couldn't have asked for more."

Back Row: Bill West, Erica Flores, Renee Lester, Robert Green **Front Row:** David Fleming, Nancy R., Floyd Springer.



huge contribution she makes every time she's in the kitchen.

July: Tom Koppleman is one of our valued Kitchen Volunteers, logging in over 370 hours since he began volunteering in January 2009. We often find him managing one of the tilt skilllets for the Monday morning crew. Special thanks to Tom for bringing us the idea for our new initiative with the Zionsville Farmers Market!

Welcome New Staff!

Second Helpings is pleased to welcome new staff members:



Mary Parks, Manager of Volunteer Services

Mary comes to us from Ball State University, where she taught English as a Second Language to international students. Her role at Second Helpings will be to address the increasing needs of our volunteer force as they continue to help us expand our mission. Mary has two daughters and will be relocating to the Southport area. Mary loves nature and all things artistic.



Mike Eline, Director of Finance and Operations

Mike has over 20 years experience as a Senior Business and Operations Executive in both corporate and entrepreneurial environments. He has previously served in CFO, VP of Finance & Administration and General Manager positions. He holds a Master's Degree in Business from the Tuck School of Business at Dartmouth. He currently lives in Zionsville with his wife, Bobbi.



Emily Cutka, Public Ally

Emily will serve our Marketing and Communications efforts. Emily is a native Hoosier, hailing from the northwest corner of the state. In 2010 she graduated from Butler University with a Bachelor of Arts in Integrated Communications. She is excited about making Indianapolis her home and taking part in all of the great things that are happening in the city. We connected with Emily through the Public Allies program.

Lacey Dannenberg, SPEA VISTA Fellow

We are also happy to welcome Lacey Dannenberg as our first SPEA VISTA Fellow! Lacey is a recent graduate of Loyola University where she was actively involved in projects with homeless, refugee and immigrant populations in Chicago. Over the next year, Lacey hopes to utilize her skills in evaluating programs to assist Second Helpings with increasing our volunteer capacity.

August: Cristal Martin and Mark Clausen make an awesome brother-sister team! Cristal began as a Kitchen Volunteer and now teaches Resume Writing skills for our Culinary Job Training students. Cristal has logged over 136 hours since she began with us in August 2010. Mark came along with his sister for something meaningful to do, and he quickly found it at Second Helpings! He serves in a dual volunteer role, alternating his time between the Kitchen and driving a Hunger Relief route. Mark has already logged over 250 hours. Congratulations to you both!



Volunteers Andy Pike, Dick Bender and Matt Hostetler construct a raised-bed herb garden.

A Boxwood Basil plant in our herb garden.

We're Growing Places!

We've partnered with Keep Indianapolis Beautiful to build an herb garden at Second Helpings. A dedicated group of volunteers laid the foundation and created the structure in early June, and another group planted basil, parsley, oregano, dill and chives.

In the coming weeks, more volunteers will complete the structure and finish planting the garden. Already the fruits of our labor have blossomed, despite the sweltering summer heat. The basil is ready to be picked, and the parsley looks to be ready soon.

Often, Second Helpings provides the only meal of the day for hungry Indianapolis residents. We are always working hard, therefore, to deliver nutritious and delicious meals from quality ingredients. Fresh herbs will brighten and season our food, and hopefully bring a little joy to someone in need.

Along with our gardening efforts, we've also started a composting program. In its first month, our Hunger Relief program composted close to 1200 pounds of organic matter! That's over half a ton of waste kept out of landfills.



Harvest

Indy's Premier Food and Wine Event

Saturday, October 1, 2011
6-10pm
Second Helpings
The Eugene and Marilyn Glick
Center
1121 Southeastern Avenue
Indianapolis, IN 46202
317-632-2664
Tickets: \$60 available at:
www.secondhelpings.org/harvest



Tonic Ball X

Celebrating 10 Years of Music and Art Against Hunger

Friday, November 18th
In beautiful Fountain Square
Radio Radio
Fountain Square Theatre
White Rabbit Cabaret
New Day Meadery
More info and tickets at:
www.tonicindy.com



FUN FUNDS

Raise money while you shop!

[Click here to learn how](#) →

Raise money for Second Helpings while you shop by signing up for the free Fun Funds program at Indianapolis GFS Marketplace stores! In addition, you will receive monthly "member only" coupons and special offers.

Our wish list is available at
www.secondhelpings.org/wish-list

OUR WISH LIST



Transforming Lives Through the Power of Food

Second Helpings

The Eugene and Marilyn Glick Center
1121 Southeastern Avenue Indianapolis, IN 46202
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www.secondhelpings.org

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