OUR WISH LIST

Building
- Water softerner salt
- Asphalt repair in parking lot
- Automatic garage door system
- Cats

Kitchen
- Spices, including dried rosemary, powder curcumin, chili powder, thyme leaves, ground fennel, and ground black pepper
- Plates, especially macaroni and spaghetti noodles
- 2" Hotel pans, full-size
- Digital thermometers
- Vinyl exam gloves, powder and latex free, in all sizes
- Heavy duty, 56 gallon trash bags
- 18" wide, heavy weight plastic and foil wrap
- Hairnets
- Plastic grocery bags
- Heavy duty brooms
- Heavy duty mops
- Stainless steel scissors
- Beach
- Paint remover spray for minor burns and cuts
- Can openers
- Heavy duty beekeepers 1/2" wide Scotch tape
- Black permanent markers
- 16 inch Waring 5L immersion blender with nine speed levels
- 40 gallon tilt skillet
- 10 inch chef's knives
- Special racks

Transportation
- 17" x 37" Foodservice storage bags
- Foot digital food thermometers (-20° to 220°F) range
- Cargo van with refrigeration unit
- Eight pairs of leather work gloves
- New brick tines for three ways
- Car washers
- Gas gift cards

Training Class
- Insurance scale
- Bread baskets
- Griddle Forks
- Chef's palate with the Second Helpings logo, printed t-shirts and hats
- Bread and cake pans
- 4 oz. stainless steel sauce pans
- Cheese cloth
- 5 lb. pails
- 4" Third pans
- Food warmer/holding cart
- Omelet pans
- 2 Speed mixers (with doors)
- 3 Speed mixers (without doors)

Office Supplies
- White copy paper

Food for Thought

Distinguished D.C. non-profit leader delivers insight at Second Helpings' Annual Meeting.

Second Helpings brought its closest friends together for its first Annual Meeting on Jan. 16, where keynote speaker and D.C. Kitchen founder Robert Egger talked to the audience about community unity, breaking the poverty cycle and more.

Egger opened D.C. Central Kitchen's doors on Jan. 20, 1989 – the same day President George H.W. Bush was inaugurated. Since then, Egger has helped D.C. Kitchen blossom into a $5 million-a-year operation, hauling in nearly two tons of food per day and converting it into 4,500 meals for seniors, kids, and people in shelters and recovery/addiction programs. In 39 years, D.C. Kitchen has distributed more than 17 million meals and helped over 600 men and women gain full-time employment.

Before delivering his speech, Egger took the time to chat with Second Helpings’ culinary students about overcoming hardships and seizing opportunities.

The Annual Meeting was also an opportunity to award those who have helped Second Helpings become one of the most successful non-profits in Indianapolis. Those awarded include:
- Carol Adams – Volunteer of the Year
- Best Kitchen Services – Vendor of the Year
- Christamore House – Partner Agency
- Chef Sam Brown – Alumini of the Year
- U.S. Foodservice – Food Donor of the Year
- Ken Honeywell – Chairman of Tooey Ball & Gallery 2007 Committee
- Renee Brettbach – Chairperson of Harvest 2007 Committee

Graduate Spotlight:

WILLIE FIFER

Willie Fifer was on the fast track to nowhere. In and out of trouble, he eventually found himself serving a multi-year jail term. He knew he had to change his life. That’s when he discovered his love for cooking, which quickly became the one thing that gave him a sense of pride and accomplishment.

After serving his sentence, Willie hoped to take culinary training classes, but found he couldn’t afford the tuition. Then a friend told him about Second Helpings’ intensive, no-cost, 10-week job training program that helps disadvantaged people become culinary arts professionals.

“The word ‘free’ caught my attention,” Willie said. “But after I got into the program, I realized that it was going to be hard work.”

Willie eventually found his footing, graduating as one of the best students in Class 46.

“I finished what I started thanks to Chef Carl and everyone at Second Helpings,” Willie said. He also credits his pastor, Bishop Kevin Moorehead at the International Life Ministry, for helping him get his life on course.

Today, Willie is full-time cook at the Eli Lilly corporate cafeteria in Carmel, where he is working toward providing a better life for himself and his family.
Volunteers of the Month

November: Trans-Plants
For the past two years, Trans-Plants owner Chris Gebrosky and her staff have been the driving force behind the beautiful decor at Harvey’s. Thanks to their amazing sense of style, Trans-Plants has helped make Harvey’s one of Central Indiana’s premier food and wine events. Thank you, Trans-Plants!

Staff Spotlight:
Liz Gimenez, Director of Hunger Relief

Q. What are the biggest challenges in your position?
A. The unpredictability of the amount and the quality of the food we get, and when we get it. Also, relying on volunteers to get all 2,900 meals done within four hours.

Q. What is a typical day like?
A. I come in to work at 7:50 a.m., look into the coolers, plan to make enough food to fill one till skillet for kid-friendly meals and another one for adult meals. All together, this will yield enough food for about 1,200 people. Then I match volunteers with tasks, making sure safe food handling and safety procedures are followed. After the meals have cooled off, they are wrapped, weighed, labeled, assigned, and put in the coolers. We also redistribute bread, snacks, desserts, drinks, fruit, and salad when available.

Q. How do you see Second Helpings’ future?
A. I would like to see Second Helpings and our recipient agencies develop strong partnerships. I would like for our agencies to take a tour of our facility, and send volunteers to help with food production so they can see how we make the meals. I would also like the opportunity to visit each agency to improve my understanding of their programs.

Q. What is the most fulfilling aspect of your role?
A. To know that I am contributing to decreasing the amount of waste in the city. Also, I am being creative with the product that we receive every day – every day is like an “Iron Chef” episode. It is great to know that we are using this food to feed thousands of kids and disadvantaged people who would not otherwise get a hot meal that day.

Q. If people want to donate to Second Helpings, what do you suggest?
A. It would be very nice to have an additional new 49-gallon til skirt kettle, and a 12-gallon steam jacketed kettle to make sauces and stocks in a safer and more comfortable way. However, financial donations are also greatly appreciated since they give us the freedom to do what is needed in the short and long run.

New Addition!
In January 2008 Second Helpings welcomed Debbie Russell as the new Director of Development. Debbie, who brings more than 20 years of experience in Human Resource management to the table, has spent the last six years in non-profit management at one of Second Helpings’ recipient agencies, Horizon House. Debbie is currently working on her Fundraising certification from the Center on Philanthropy at Indiana University. Welcome Debbie!

A Big Damn Success
Reverend Peytor’s Big Damn Band rang in the new year with a bang – and some twang – at Spin Nightclub on New Year’s Eve, helping Second Helpings’ cause in the process.

A capacity crowd danced and sang along as Reverend Peytor’s Big Damn Band put on a scrunching live show, which included a benefit raffle for Second Helpings. The raffle raised $400, all of which will go toward our mission of eliminating hunger and empowering people. Thanks Reverend Peytor’s Big Damn Band!

Food Donors

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<thead>
<tr>
<th>Aramark at Eli Lilly &amp; Co.</th>
<th>Noah’s Animal Hospital</th>
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<tr>
<td>Arbor Homes</td>
<td>O’Malley’s Food Market</td>
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<td>Barto’s Catering</td>
<td>Performance Restaurant</td>
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<td>Breadsmith</td>
<td>Management</td>
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<td>Butterfield Foods</td>
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<td>Cabo’s Mexican Grill</td>
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<td>St. Vincent Health &amp; Hospital</td>
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<td>Starbucks – Nora</td>
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<td>Starbucks – Sunnyside (Pend. Pike)</td>
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<td>Mony Baked Ham</td>
<td>Sysco Food Services of Indianapolis</td>
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<td>Hope International Ministries</td>
<td>Target Warehouse</td>
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<td>Howe Academy</td>
<td>Taylor’s Bakery – 116th St.</td>
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<td>Indianapolis Symphony Orchestra</td>
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<td>Mansfield</td>
<td>Vine &amp; Table</td>
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<td>Wild Oats Comm. Market-Best St.</td>
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<td>Millennium Foods</td>
<td>Wild Oats Comm. Market-146th St.</td>
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www.SecondHelpings.org

Eliminating Hunger. Empowering People.

Who WE HELP

Allen Chapel AME - Preschool
Allen Feeding Ministry
Alpha Foundation
Area Youth Ministries
Barstow Annex
Bethlehem House
Blue Triangle
Cathedral Kitchen
Breakfast Program
Christamore House
Crane House
DaySpring Center
Edna Martin Christian Center
Englewood Day Care Center
Fathers and Families Resource Center
Flanner House
Forest Manor Kids
Forest Manor Seniors
Fuzzy Bear Childcare
Fuzzy Bear Childcare (West)
Gleaners Food Bank
George T. Goodwin Center
Hawthorne Community Center
Heritage Place
Hoosier Veterans Assistance Foundation
HOPE International Ministries
Horizon Christian Preschool
Horizon House
Kaledioscope Youth Center
Kheprw Institute Media Café
Lighthouse Ministries
Love All People Ministries
Martin Luther King Center
Munroe’s Place
Multi-Cultured Day Care
Near Eastside Christian Preschool
PrimeLife Enrichment
Robinson Community
Salvation Army – Eagle Creek Kids
Salvation Army – Eagle Creek Seniors
Salvation Army – Eagle Creek Booth Manor
Scott United Methodist Church
Shepherd Community Center
Tabernacle
Trinity Episcopal Church
Wheeler Care Center
Wheeler Community Center
Wheeler Mission
Westminster Neighborhood Ministries