WHAT IT MEANS.

2013 Annual Report

Second Helpings
Transforming Lives through the Power of Food.

2013 Annual Report
In 2012 we rebuilt and retooled our kitchen to expand the physical capacity of our Hunger Relief Program. And in doing so, we committed to increasing the number of hunger relief meals by 15%. Thanks to the extraordinary efforts of our volunteers and staff, we exceeded that goal and delivered over 100,000 more meals last year to help children, seniors and families who need them most.

Our Culinary Job Training Program continues to help our students transform their futures with new culinary skills and life skills like conflict resolution, teamwork and personal finance. Dozens of students graduated from the job training program last year with class employment rates as high as 100% after graduation. And every week, Second HELPings graduates return to hire other students, to volunteer as guest instructors or in our hunger relief kitchen. Our graduates recognize and appreciate the opportunity that they received from Second HELPings and they return to give that opportunity to someone else.

But it’s easy to get lost in the numbers and not see the very personal impact that the meals and opportunities provided by Second HELPings have on so many people in our community. Each child, each senior, each family, each Culinary Job Training student has their own unique story. So, we’d like to share what it means.

With thanks,

Jennifer Vigran
Chief Executive Officer
# Financial Highlights

## Income Statement

<table>
<thead>
<tr>
<th>Year Ended</th>
<th>Year Ended</th>
</tr>
</thead>
<tbody>
<tr>
<td>June 30, 2013</td>
<td>June 30, 2012</td>
</tr>
<tr>
<td><strong>Public Support and Revenues</strong></td>
<td></td>
</tr>
<tr>
<td>Individual Contributions</td>
<td>473,962</td>
</tr>
<tr>
<td>Corporate and Government Contributions and Grants</td>
<td>578,223</td>
</tr>
<tr>
<td>In-Kind Contributions</td>
<td>62,407</td>
</tr>
<tr>
<td>Hunger Relief Expansion Campaign</td>
<td>-0-</td>
</tr>
<tr>
<td>Special Events, Net</td>
<td>293,253</td>
</tr>
<tr>
<td><strong>Program Revenue</strong></td>
<td></td>
</tr>
<tr>
<td>Rescued Food</td>
<td>3,133,555</td>
</tr>
<tr>
<td>Fee Income</td>
<td>21,998</td>
</tr>
<tr>
<td><strong>Other Revenues</strong> (includes assets released from restrictions)</td>
<td>298,320</td>
</tr>
<tr>
<td><strong>Total Revenues and Support</strong></td>
<td>4,861,718</td>
</tr>
</tbody>
</table>

## Expenses

<table>
<thead>
<tr>
<th>Year Ended</th>
<th>Year Ended</th>
</tr>
</thead>
<tbody>
<tr>
<td>June 30, 2013</td>
<td>June 30, 2012</td>
</tr>
<tr>
<td><strong>Program Services</strong></td>
<td>4,420,568</td>
</tr>
<tr>
<td><strong>Supporting Services - Management and General</strong></td>
<td>193,350</td>
</tr>
<tr>
<td><strong>Supporting Services - Fundraising</strong></td>
<td>266,445</td>
</tr>
<tr>
<td><strong>Total Expenses</strong></td>
<td>4,880,363</td>
</tr>
</tbody>
</table>

## Change in Net Assets

<table>
<thead>
<tr>
<th>Year Ended</th>
<th>Year Ended</th>
</tr>
</thead>
<tbody>
<tr>
<td>June 30, 2013</td>
<td>June 30, 2012</td>
</tr>
<tr>
<td><strong>Net Assets, Beginning of Year</strong></td>
<td>3,376,563</td>
</tr>
<tr>
<td><strong>Net Assets, End of Year</strong></td>
<td>3,542,754</td>
</tr>
</tbody>
</table>

## Balance Sheet

### Current Assets

<table>
<thead>
<tr>
<th>Year Ended</th>
<th>Year Ended</th>
</tr>
</thead>
<tbody>
<tr>
<td>June 30, 2013</td>
<td>June 30, 2012</td>
</tr>
<tr>
<td><strong>Cash</strong></td>
<td>579,873</td>
</tr>
<tr>
<td><strong>Cash-Board Designated Legacy Fund</strong></td>
<td>200,058</td>
</tr>
<tr>
<td><strong>Accounts Receivable</strong></td>
<td>22,005</td>
</tr>
<tr>
<td><strong>Grants Receivable, Current</strong></td>
<td>143,700</td>
</tr>
<tr>
<td><strong>Inventories</strong></td>
<td>79,356</td>
</tr>
<tr>
<td><strong>Prepaid Expenses and Other</strong></td>
<td>8,332</td>
</tr>
<tr>
<td><strong>Total Current Assets</strong></td>
<td>1,033,324</td>
</tr>
</tbody>
</table>

### Property and Equipment, Net

<table>
<thead>
<tr>
<th>Year Ended</th>
<th>Year Ended</th>
</tr>
</thead>
<tbody>
<tr>
<td>June 30, 2013</td>
<td>June 30, 2012</td>
</tr>
<tr>
<td><strong>2,500,373</strong></td>
<td><strong>2,499,153</strong></td>
</tr>
</tbody>
</table>

### Long-Term Grants Receivable

<table>
<thead>
<tr>
<th>Year Ended</th>
<th>Year Ended</th>
</tr>
</thead>
<tbody>
<tr>
<td>June 30, 2013</td>
<td>June 30, 2012</td>
</tr>
<tr>
<td><strong>100,000</strong></td>
<td><strong>10,000</strong></td>
</tr>
</tbody>
</table>

### Total Assets

<table>
<thead>
<tr>
<th>Year Ended</th>
<th>Year Ended</th>
</tr>
</thead>
<tbody>
<tr>
<td>June 30, 2013</td>
<td>June 30, 2012</td>
</tr>
<tr>
<td><strong>3,633,697</strong></td>
<td><strong>3,437,465</strong></td>
</tr>
</tbody>
</table>

### Liabilities

<table>
<thead>
<tr>
<th>Year Ended</th>
<th>Year Ended</th>
</tr>
</thead>
<tbody>
<tr>
<td>June 30, 2013</td>
<td>June 30, 2012</td>
</tr>
<tr>
<td><strong>Current Liabilities</strong></td>
<td>90,963</td>
</tr>
</tbody>
</table>

### Net Assets

<table>
<thead>
<tr>
<th>Year Ended</th>
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</tr>
</thead>
<tbody>
<tr>
<td>June 30, 2013</td>
<td>June 30, 2012</td>
</tr>
<tr>
<td><strong>Unrestricted Net Assets:</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Unrestricted</strong></td>
<td>3,006,726</td>
</tr>
<tr>
<td><strong>Unrestricted - Board Designated Legacy Fund</strong></td>
<td>200,058</td>
</tr>
<tr>
<td><strong>Total Unrestricted Net Assets</strong></td>
<td>3,206,784</td>
</tr>
<tr>
<td><strong>Temporarily Restricted Net Assets</strong></td>
<td>335,950</td>
</tr>
<tr>
<td><strong>Total Net Assets</strong></td>
<td>3,542,734</td>
</tr>
</tbody>
</table>

### Total Liabilities and Net Assets

<table>
<thead>
<tr>
<th>Year Ended</th>
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<td><strong>3,437,465</strong></td>
</tr>
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</table>

Note: Our audited financial statements are available at www.secondhelpings.org
A career in culinary arts is a life changing experience, and students who graduate from our Culinary Job Training program leave not only with new cooking skills but also a jumpstart to a new life.”

- Chef Sam Brown
  Director of Culinary Job Training

Each person who graduates from the Culinary Job Training program is cause for celebration, but in 2012 Second Helpings marked a milestone in Class #69, which included its 500th graduate.

Last year, 40 adults graduated from the intensive 10-week program, and graduates are now working in Central Indiana as cooks, executive chefs, business owners and culinary instructors.
MEALS BY DEMOGRAPHICS

Children: 37 %
Adult Men & Women: 38 %
Seniors: 12 %
Families: 13 %

In-Kind Donors

Corporate
A Classic Party Rental
Akimi Acupuncture
All Star Tire & Auto
Ambrosia
Amy McAdams Design
Barto’s Catering & Concessions
Be the Boutique
Best Chocolate in Town
Best Kitchen Service & Parts
Bonsai by Fields
California Closets
Calvin Fletcher Coffee Company
Carnicelli Trading Company
Chernoff Cosmetic Surgery
Cintas
Citizens Energy Group
Crackers Comedy Club
Cunningham Restaurant Group
David & Mary Salon
Extreme Clean, LLC
Fika’s Pest Control, LLC
Forthofer Photography
Fountain Square Theatre
The Fox and Hound
FRESH
Gander Mountain
Get Dirty Ceramics
Glazer’s
Godby Heating Plumbing Electrical
The Great Frame Up
Green B.E.A.N. Delivery
GrinOn Industries
Hilton Indianapolis Hotel & Suites
Indiana Racing Experience
Indy Boot Camps
Iozzo’s Garden of Italy
Joe’s Butcher
Just Pop In
Kroger
Late Harvest Kitchen
The Local Eatery & Pub
Levy Restaurants
Markey’s Rental & Staging
Mays Entertainment
McNeely Owned, Inc.
Monarch Beverage Company
Nuvo Newsweekly
Pacers Sports & Entertainment
Piazza Produce
Rational USA
RCI, Inc.
Regal Printing
Reis-Nichols Jewelers
Sagamore Golf Club
School of Rock
Seasons 52
Shops Country Foods
Spectrum Technology
Sport Graphics
Sun King Brewing Company
Sunny D’s Cafe
Techline
United Airlines
University of Michigan
US Foods
Utah Jazz
Very Special Arts
Videotropolis
Woodland Country Club
WTTS 92.3 FM
Zulu Nyala Game Lodge

Individual
Sherry & Dara Amlung
Bill Anderson
Kim Borges
Sam Brown
Ellen & Jeff Butz
Jeanne & Mike Dinius
Brian Duff
Kevin Etzkorn
Jeff Ewen
Mark Finch
Maureen & Budd Glassberg
Liz Gimenez
Meredith Gradle
Kyle Harrington
David Hobson & Tim Schaffer
DeWitt Jackson
Robert James
Jerry Jeffers
Angela Krahulik
Jeff McConnell
Jose Louis Ponce
Kelli Welborn
David Wentland
Jason Zickler
Donors

$10,000-$30,000
Sally and Denny Barlett
Eldred and Liz MacDonell
Sheila and Paul Nollen

$5,000-$9,999
Linda and John Zimmermann
Nora and Peter Garrett
Paul Jaynor
Marie and Toby Powell
Bonnie and David Ross
Connie Gigax
Kitty and Tom Furman
Jennifer and Gary Vigran

$2,500-$4,999
Christine and James Jacobi
Mark Bromund
Gordon and Theresa slack
Mike Dinrus and Jeannie Regan Dinus
Alicia and Chris Hummel
Kerry Dinnemann and Sam Sutphin
Marlinee Glick and Michael Woods
Julie and John Morand
Susan and Dale Barrett
Janett Lowes
Phil McCaugh

$1,500-$2,499
John Carr
Michael Copeland
and Cheryl Plask Copeland
Jim and Jackie Morris
Dee and Jimmy Hasty
Mary and Horace Sholte
Don Graham and Kathleen Berry-Graham
Lisa and Dave Dant
Lisa and Joe MarkKelley and Chris Jacobs

$1,000-$1,499
Bill and Ellen Buffe
April and Curtis Rector
Carol Ellison & Wayne Bertsch
Diane and Albert White
Peter Little
Sherry and Reg Mallamo
Jill and Chris Shymanski
Sandra and Joe Slaughter

Individual

$500-$999
Aisha Zafar

$50,000 +
Corporate

The Glick Fund, a fund of CICF
The Herbert Simon Family Foundation
Richard M. Fairbanks Foundation
The Indianapolis Foundation, a CICF affiliate
Nina Mason Pulliam Charitable Trust
Indiana Foundation, Inc.

$10,000-$49,999
Apparatus
Ayres Foundation, Inc.
Central Indiana Senior Fund, a CICF Fund
Christ Church Cathedral Clowes Fund, Inc.
Cunningham Restaurant Group

Carla and Tony Aukett
Dominic Patton
Suzanne and Charles Beard
Dale Schaffer
McQuaid
Oksana and Peter Withey
Edward Bonach
Barbara and Joseph Alpert
Kelli Baugmann
Sally Cleveland
Aunt Dalton-Noblitt
Paul Pride
Christopher J. Mckee
Mary Stahl
Robert Moeder
Kerry Krauskopf
Kristen Mercer
Jonathan Sharp
One of the senior citizens here at George T. Goodwin Center said the meals from second servings each day were the only hot meals he had after his wife passed away.

- Toby York
Executive Director, George T. Goodwin Center
THE INVESTMENT BY CORPORATE PARTNERS IN THE SECOND HELPINGS FLEET MEANS RESCUING AND DELIVERING MORE FOOD SAFELY AND RELIABLY.

Food Donors

100,000+ lbs. Bluffton Distribution Center
Dr. Pepper Snapple Group
Kroger
Sysco Food Services of Indianapolis
Trader Joe’s US Foods
10,000 to 99,999 lbs.
Butterfield Foods
Capital Grill
Carmel Clay Schools
Commercial Bakeries Corporation
Costco
Fresh Market Gleaners Food Bank
Green B.E.A.N. Delivery
Jonathan Byrd’s Catering
Metropolitan School District of Pike Township
Taylor’s Bakery
Warren Central High School
5,000 - 99,999 lbs.
500 Festival
Cicero Christian Church
HMS Host at Indianapolis International Airport
Indianapolis Marriott - Downtown
J.W. Marriott Indianapolis
Westfield Washington Schools
Food Donors

Whole Foods Market
1,000 to 4,999 lbs.
4-H Youth Development
Adrian Orchards
American Dairy Association of Indiana
Anonymous
Aramark
Barto’s Catering & Concessions - Indiana State Fair
Blondie’s Cookies
Brighthouse
CAJ Food Products
Cathedral Kitchen Centerplate
Children’s Museum of Indianapolis
Chicopee Mexican Grill
Church of Jesus Christ of Latter-day Saints
Cibus Catering, Camp Atterbury
Bob Clark
Clayton Young Elementary
Culver’s
Daylight Donuts
FedEx
Fresh Harvest Market
Garden on the Go - I.U. Health
Gigunda Group
Gordon Food Service
Harshman Middle School
Honeybaked Ham
Indiana Sports Corporation
Indianapolis Colts
Indianapolis Raenry
Educator Facility Instant Whip
International Paper
Kellogg’s Krave
Levy Restaurants at Bankers Life Fieldhouse
Marquette Manor
Midwest Food Bank
Millenium Foods
John Neppa
Notable Events of Lombard, Illinois
Peterson’s Restaurant
PGB BMW
Championship
Pizza Produce
Prairie Farms Dairy
Regions Bank
Seasons S2
Service Warehouse
Shepherd Community Center
St. Malachi Church - Knights of Columbus
Starbucks
Sullivan’s Steakhouse
Tyson Foods/Ronny Dowdy Trucking
Westport Locker LLC
Women of Faith
Woodland Country Club
Zionsville Farmers Market
500 to 999 lbs.
Alfa Laval, Inc
Bethany Christian Church
Broad Ripple Farmers Market
Chef’s Academy
Columbia Club
Norman Denter
Dream Dinners - Fishers
Eddie Melrot’s
El Lilly
Enviro Forensics
Frank & Mary’s Girl Scout Troop #1896
God’s Bounty Food Pantry
Holy Name Catholic School
Holy Rosary Church
Holy Trinity Greek Orthodox Church
Indian Creek Christian Church
Indianapolis Museum of Art
IVY Tech Community College
Just Desserts
Marigold Clothing Store
McDonald, Bob
Metropolitan School District of Wayne Township
Orchard School
Pepsi Academy
Primo Banquet Hall
Resurrection Lutheran Church
Safari’s
St. Francis Hospital
St. Joan of Arc Church
St. Luke’s United Methodist
St. Vincent dePaul Society
St. Vincent Hospital - Indianapolis
T.C. Heartland LLC
Wheeler Mission
300 to 499 lbs.
Arbor Homes
Bishop Chatard High School
Cardinal Ritter High School
Ceruelan Restaurant
Champos-Indianapolis Airport
Charlie & Barney’s
Community Westview Hospital
Delta Faucet Company
Fishers High School
Fortune Industries
Indiana Farm Bureau
Indianapolis Raquet Club
Gary Ledbetter
NCAA
Noodles & Company - Indiana Ave
Northwood Elementary School
The Paradise Shops
Perry Meridian Middle School
Ritz Charles
Roche
Servant’s Heart of Indy
Sheraton Hotel - Keystone at the Crossing
Sigma Alpha Mu
Westfield High School

THE INVESTMENT BY CORPORATE PARTNERS IN THE SECOND HELPINGS FLEET MEANS RESCUING AND DELIVERING MORE FOOD SAFELY AND RELIABLY.
MORE THAN 800,000 MEALS DELIVERED IN 2013 MEANS MORE PEOPLE GET MEALS THEY NEED.

**People**

**2012-2013 Board of Directors**
- Jerry Adams, Chairman
  Levy Restaurants
- Kim Borges
  Regions Bank
- John A. Elliott
  Kroger Central Division
- Kevin Etzkorn
  Heron Capital
- David Feinberg, CPA
  Treasurer
  Crowe Horwath, LLP
- Howard Fulford
  Consultant
- Elizabeth Garber
  Best Chocolate in Town
- Connie Gigax
  Consultant
- James Hamilton
  Bose McKinney & Evans
- Angela Krahulik
  Ice Miller, LLP
- Dr. Kathleen Lee
  Secretary
- Ivy Tech Community College
  Central Indiana Region
- Reg Mallamo
  Community Volunteer
- Marie Powell, Vice Chair
  André Robinson
  SySCO Food Services of Indianapolis
- Pat Rooney
  Community Volunteer
- Jennifer Schafer
  Community Volunteer
- Tony Schafer
  Spectrum Technology Inc.
- Gordon Slack
  Dow AgroSciences
- Albert S. White
  Eli Lilly and Company
- Dr. John Zimmermann
  Eli Lilly and Company (Retired)

**Advisory Council**
- Miriam Dant
  Dant Advocacy, Inc.
- Steve Delaney
  Sitehawk Retail Real Estate
- James F. Fearin
  Budd Glassberg, CPA
- Ken Honeywell
  Well Done Marketing
- DeWitt Jackson
  Indianapolis Colts
- Cynthia Jordan, SPHR, CPA
  Volt Information Sciences
- Rabbi Brett Krichiver
  Indianapolis Hebrew Congregation
- Sanford Levinson
  Consultant
- Kathy Pataluch
  Indy Hunger Network
- Andy Skillman
  BMO Harris
- Joe Slaughter
  Horff Jones, Inc.
- Joseph L. Smith
  Retired, IPS Education Foundation
- William R. Stamper
  Morgan Stanley Smith Barney LLC
- Roe Wright
  Markey’s Rental & Staging

**Staff**
- Culinary Job Training
  Chef Sam Brown
  Tiera Freeman
- Food Rescue
  Joe Hoog
  Leonard Hughes
  Greg Johnson
  Max Utter
- Hunger Relief
  Patty Cortelini
  Chef Liz Gimenez
  Chuck Goad
  Kim Kiser
  Sandy Schwomeyer

**Volunteer Services**
- Mary Parks
**Communications**
- Betsy Whitmore
**Development**
- Katie Cobb
  Emeline Degrandi
  Kaitlyn Fox, VISTA Volunteer
**Finance**
- Mike Eline
  Lynda Smith
**Director of Programs**
- Nora Spitznagle
**Finance**
- Mike Eline
**Communications**
- Betsy Whitmore
**Volunteer Services**
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- Nora Spitznagle
Second Helpings
Transforming Lives through the Power of Food.

The Eugene and Marilyn Glick Center
1121 Southeastern Ave.
Indianapolis, Indiana 46202
(317) 632-2664
secondhelpings.org