

Second Helpings Expands Its Hunger Relief

Last month, Indianapolis Mayor Greg Ballard and US Representative André Carson joined Second Helpings' board of directors, staff and volunteers to re-dedicate Second Helpings' building to the mission of transforming lives through the power of food. The celebration comes on the heels of a six-week, one million dollar kitchen expansion that doubles the capacity of Second Helpings' Hunger Relief capabilities, all within the buildings' existing footprint.

Recognizing the growing number of households that face hunger and food insecurity, Second Helpings' leadership identified this kitchen expansion as a central step in achieving its mission—transforming lives through the power of food. In much of Indianapolis, up to 26 percent of families lack the proper funding to buy adequate food for themselves and their families. The need for assistance from agencies like Second Helpings is growing daily.

From tilt skillets to a blast chiller, the kitchen expansion provides

The vision and hard work... have helped to nurture and grow an incredible organization that delivers real results.

Second Helpings with the necessary infrastructure to serve dramatically more meals in 2012.

“Second Helpings directly impacts the lives of children, seniors and others in Indianapolis in need of healthy, homemade meals,” said Mayor Ballard. “The vision and hard work of Second Helpings’ staff and the generosity of this project’s funders have helped to nurture and grow an incredible organization that delivers real results.”

The United Way of Central Indiana; the Glick Family Fund, a CICF fund; and a range of corporate and individual donors provided support for the expansion. The expansion will allow Second Helpings to provide additional meals to be delivered at no cost to area Boys & Girls Clubs, Kaleidoscope Youth Center, seniors at the Edna Martin Community Center, and many other local social service agencies.



Second Helpings rescued **46,000 pounds** of food during Super Bowl XLVI

To read about what Second Helpings did with the rescued food, turn to page 3.

Transforming lives through the power of food.

www.secondhelpings.org



Souper Bowls 2012

Second Helpings celebrates Super Bowl XLVI with a Super-Sized Souper Event

Indianapolis was buzzing with excitement during Super Bowl XLVI, but even before the big game hit the Circle City, Second Helpings was celebrating a “Souper” event of its own. Souper Bowls 2012 brought together the power of art, food and community in a one-of-a-kind event that raised more than \$10,000 to help fight hunger and poverty in Indianapolis. Thanks to everyone who came out to enjoy some of Indy’s most delicious soups and beautiful artwork.

A special thanks goes to Corey Jefferson, a local artist and instructor in the Ceramics

Department at Herron School of Art, IUPUI, for creating more than 100 beautiful and hand-crafted Souper Bowls.

Second Helpings is also grateful to eight of Indy’s most celebrated chefs—Greg Hardesty, Regina Mehallick, Dave Foegley, Luke Caenepeel, Kevin Peters, Roger Hawkins, DeWitt Jackson and Kathy Jones for sharing their delicious soups. And if you haven’t yet, be sure to check out www.secondhelpings.org for the official recipes so you can make your favorite soup at home.



A big congratulations also goes out to Chef Kathy Jones of Iozzo’s Garden of Italy. Chef Kathy’s Cream of Crab Soup took home the award for favorite soup of the day!



Second Helpings serves up its six millionth meal

	Last Month	Since 1998
Meals Prepared and Delivered	40,556	6,000,000
Meals Served	127,529	16,221,488
Meals Received	103,111	8,119,000
Meals in Progress	2,347	201,000

In December, the Rotary Club of Indianapolis donated \$25,000 to add a new van to the Second Helpings fleet. In honor of the Rotary Club’s contribution, we invited Rotary members to join us in delivering our six millionth meal.

Even as we reach a major milestone like our six millionth meal, Second Helpings maintains its focus on transforming lives through the power of food—one person at a time. This focus is only possible through valuable collaborations with donors and our partner agencies.

On March 2nd, Rotary members and Second Helpings staff worked together to feed veterans served by the Hoosier Veteran Assistance Foundation (HVAF). With trays of tilapia and green beans, the group brought enough food and dessert to feed 60 veterans.

“We are so thankful for the meals provided to us by Second Helpings,” said Army veteran William K., who came to HVAF last year in need of housing.

At Second Helpings, we are thankful for all of those who make this work possible.



VOLUNTEERS
of the **MONTH**

2011

August

Darryl Mahone, Food Rescue

September

Ann Mitchell, Line Cooking

October

Ben Erikson, Special Events

November

Joyce Thomas, Front Desk

December

Jake Brandenburg

2012

January

John Quets, Bread Sorting

February

Sandy and Dan Schwomeyer, Kitchen Assistants

March

Alex Bashenow, Jr., Driver Companion

Second Helpings in the Super City



Super Bowl XLVI made a lasting impression on the city of Indianapolis, bringing thousands of people, millions of dollars and a lot of great attention to our city. Even as visitors lined up at the airport to head back to their hometowns after the game, the Super Bowl continued to make an impact on central Indiana with over-prepared food. The morning after the big game, Second Helpings got busy rescuing 46,000 pounds of leftover food from Super Bowl events to feed kids, adults and seniors all over the city.



As usual, the Hunger Relief staff and volunteers used the diverse food rescued from Super Bowl festivities in creative ways. Unused cheese plates became a delicious mac and cheese to feed the kids at Mary Rigg Neighborhood Center. Leftover burgers and ground beef were incorporated into a delicious casserole to feed the residents at the Wheeler Mission. The brightly-colored, fresh fruit went to Fathers and Families.



Along with rescuing 46,000 pounds of food, Super Bowl XLVI gave our students the chance to work alongside local and national chefs at official NFL events. "Super" Class #66 students spent Super Bowl weekend working at the NFL Commissioner's Dinner, Bart Starr Breakfast, Maxim Party and the Omni Hotel. Our volunteers jumped in on the action too, with more than 200 volunteers helping to serve meals at the NFL Commissioner's Dinner and the Bart Starr Breakfast.

Welcome New Staff



Charrie Buskirk
Dir. of Development
and Engagement

Charrie comes to Second Helpings from the State's maternal and child health programs after serving as the Grants Director for Wishard Hospital. After completing a degree in Psychology from Purdue, she earned a Master of Public Health degree from IU School of Medicine with a focus on behavioral health and development. Charrie spends her free time wrestling with her two high-energy boys and attending concerts with her husband.



Chuck Goad
Hunger Relief
Kitchen Assistant

Chuck comes to Second Helpings after completing his Associate of Applied Science Degree in Culinary Arts at the Chef's Academy, where he graduated valedictorian in November 2011. He's embarked upon a culinary career after spending 30-plus years as a professional actor. He is a founding member of the Phoenix Theatre here in Indianapolis and spent 20 years as a resident artist with the Indiana Repertory Theatre.

CONGRATULATIONS graduates

Class 64



Back Row:
Dianne Gore III | Ross Nygard | Chef DeWitt Jackson
Dwayne Johnson-Williams | Eric Nixon

Front Row:
Tamika Taylor | Alyssa Beard
Robbie Caldwell | Patricia Stafford

Class 65



Back Row:
Andy Gillespie | Anthony Corbin | Antonio Burrell
Robert Bratcher | Melelia Shannon

Front Row:
Darrell Holland | Gerald Perkins
Debbie Klosterman | Deborah Mellema

Honors and Awards

Chef Sam Brown was named the Indiana Chapter of the American Culinary Federation's Chef Educator of the Year.



The Indiana Minority Business Magazine awarded **Second Helpings** the Dr. Martin Luther King Jr. Freedom Award for accomplishing "insurmountable feats relative to diversity," naming us a Champion of Diversity.

transform lives
with **Second Helpings**

- **Volunteer** in our kitchen or deliver meals
- Make a **financial contribution** (one-time, monthly or planned gift)
- Host a Community Awareness Reception and introduce your friends to our **mission**
- **Donate** kitchen supplies, appliances or a vehicle
- Become a **Partner of the Month** for business owners or corporations
- **Sponsor** Tonic Ball or a Culinary Job Training Class
- Donate **in memory** of or **in honor** of someone you love

Get involved by contacting Charrie Buskirk at (317)632-2664 ext. 20 or Charrie@secondhelpings.org

This issue of Peas & Carrots was made possible by our generous friends at



Second Helpings wish list

- Commercial can openers and knife sharpeners
- Food storage containers (18-22 qt. capacity)
- Dry spices: granulated garlic and onion, chili powder, rosemary, thyme, oregano, cumin
- 8' fiberglass ladder and 16 gallon shop vac
- Vegetable peelers, measuring cups, measuring spoons, soup spoons
- Commercial Kitchen-Aid Mixers, food mills and immersion blender
- Cambros Insulated Food Transport Containers



Transforming Lives through the Power of Food

The Eugene and Marilyn Glick Center
1121 Southeastern Avenue, Indianapolis, IN 46202

www.secondhelpings.org
(317)632-2664