

**For Immediate Release**

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## **Second Helpings Delivers Its Millionth Meal in 2016 in Central Indiana**

INDIANAPOLIS (October 31, 2016) -- Second Helpings, the food rescue, [hunger relief](#) and culinary job training organization in central Indiana, will deliver its millionth meal of the year to Visions Child Care this afternoon.

Since 1998, [Second Helpings](#) has rescued more than 20 million pounds of food from grocery stores, wholesalers, restaurants and hotels that might otherwise go to waste around Indianapolis. That food is prepared into nutritious meals and delivered to 80 social services agencies, such as shelters, senior centers, summer enrichment programs for kids and after school programs. Earlier this year, Second Helpings celebrated its 10 millionth meal since its inception at Dayspring Center.

Visions Child Care will serve the food that marks the millionth meal milestone tomorrow, November 1, 2016.

- **WHAT: 1 million meal milestone for Second Helpings**
- **WHEN: Monday, October 31, 2016 2:00 p.m.**
- **WHERE: Visions Childcare, 1440 E. 46<sup>th</sup> St., Indianapolis, IN 46205**

The meals created by volunteers and staff each day at Second Helpings are made from food rescued from donors and turned into meals for 4,000 people at senior centers, shelters and children's programs in central Indiana, free of charge.

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*At Second Helpings, we're helping transform lives through the power of food. By accepting donated perishable and overstocked food, we prepare nutritious meals for thousands of hungry children and adults every day and distribute them free of charge through social service agencies in Greater Indianapolis. For more information, visit [www.secondhelpings.org](http://www.secondhelpings.org).*